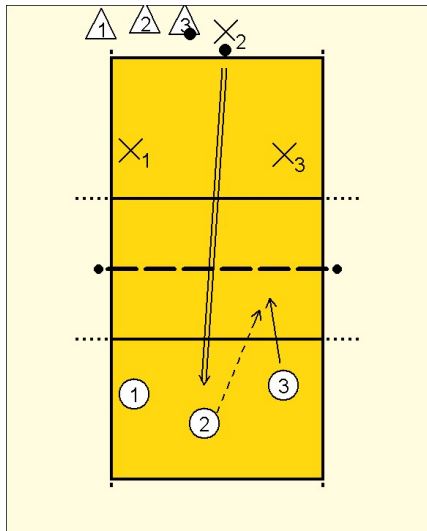


# Offense/defense

## Back row attack queens court

1



Team A (The crosses) serve.

All players have to be behind the 3-meter line, when they are passing, but also when they are defending the ball. In this way they have to communicate who makes the set.

Team B (the circles) pass the ball and then must attack from behind the 3-meter line. If this is not possible, they have to play an easy ball to one of the players of the other team.

Rotation:

Team B can only score points. If they score Team A have to make place for team C. Team A moves to the scoring side when they win the rally. In that case the triangles (team C) serve the ball after 3 seconds.