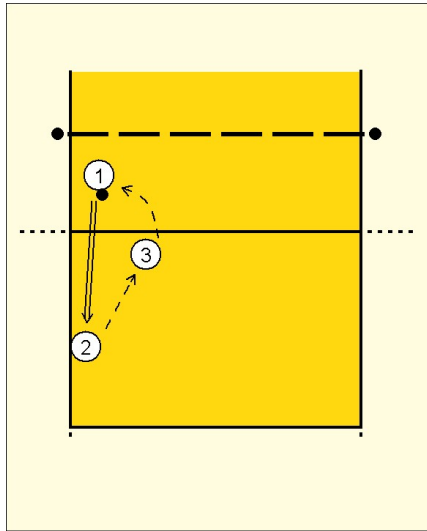


Ball handling

3-person pepper: setter on side

1



3 Players
1 Ball

Drill:
1 hits to 2, dig to 3, set to 1 and so on.

Rotate 1-2-3 after a set number of contacts