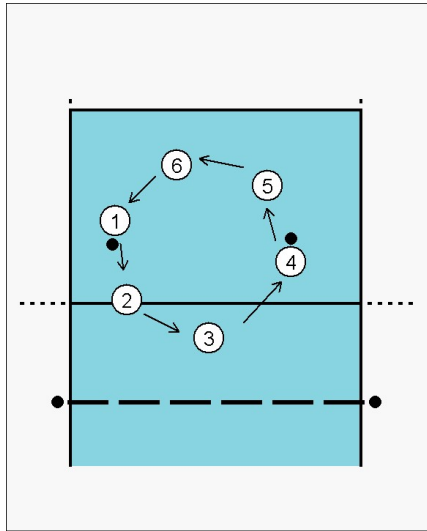


Ball handling

Rondo 2

1



2 balls 6 or more players.

Usually the ball moves, this time however the players move.

Player 1 and 4 play the ball high. All players move to the next position.

1 to 2, 2 to 3, 3 to 4, 4 to 5, 5 to 6 and 6 to 1.

Designate one type of pass to each ball.

As a variation increase the number of balls, when a ball is missed keep the drill going.